

**TEAMWORK
MAKES
THE
DREAM
WORK**



2026-2027

SCHOOL NUTRITION & WELLNESS

Awareness Months At-A-Glance

JULY

Bean
Corn
Pickle
Picnic
Grilling
Ice Cream
U.V Safety
Blueberry
Eggplant
Watermelon
Culinary Arts

Month

AUGUST

Back-To-School
Kids Eat Right
Sandwich
Panini
Peach

Be Kind to
Humankind Week
Farmers Market Week
World Water Week

Month

SEPTEMBER

Chicken
Papaya
Food Safety
Sourdough
Whole Grains
School Success
Better Breakfast
Childhood Obesity

Waffle Week
Suicide Prevention
Week

Month

OCTOBER

Apple
Pizza
Vegetarian
Child Health
Mental Health
Farm to School
ADHD Awareness
Eat Better, Eat Together

School Lunch Week
Health Education Week

Month

NOVEMBER

Rice
Pepper
Spinach
Squash
Gratitude
Pomegranate
Peanut Butter Lovers
American Diabetes

World Kindness Week

Month

DECEMBER

Pear
Universal Human
Rights
Root Vegetable &
Exotic Fruits
Food Service Safety
Impaired Driving
Prevention

Handwashing
Awareness Week

Month

JANUARY

Soup
Fiber Focus
Oatmeal
Self-Love
Thank You
Apple & Apricot
Family Fit Lifestyle

Pizza Week
Universal Letter
Writing Week

Month

FEBRUARY

Heart Health
Vegan Cuisine
Sweet Potato
Potato Lover's
Grapefruit
Cherry
International Friendship

Pride in Foodservice
Week
Random Acts of
Kindness Week

Month

MARCH

Peanut
Noodle
Spinach
Omega-3
National Nutrition
Berries & Cherries
Women's History
Music in Our Schools

School Breakfast Week
Read Across America
Week

Month

APRIL

Earth
Garden
Chickpea
Grilled Cheese
School Library
Brussel & Cabbage
Autism Awareness
Emotional Overeating

Wildlife Week
Every Kid Healthy
Week

Month

MAY

Egg
Asparagus
Hummus
Strawberry
Salad
Food Allergy
Mental Health
Healthy Vision

School Lunch Hero Day
Teacher Appreciation
Week

Month

JUNE

Dairy
Soul Food
Lemon
Cheese
Olives
Pineapple
Mango
Frozen Yogurt

Garden Week
Flag Week
Pollinator Week

Month



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**LETTUCE
ROMAINE CALM**

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